Date

Restaurant Name

Address

City, State Zip Code

Dear Restaurant Owner,

As you may have heard, Yuba Sutter is working with the Blue Zones Project to create healthier lifestyles for its residents. They have partnered with employers, grocery stores, restaurants, schools and community groups to create environments where healthy choices are easier to make.

[Worksite Name] is working closely with Blue Zones Project to become a Certified Blue Zones Worksite and we’re excited to reach out to local restaurants surround our offices to see if you would like to join us in creating a healthier Walla Walla Valley! We invite you to visit www.wwvalley.bluezonesproject.com to learn more about the Blue Zones Project. As a participating restaurant, a few examples of healthier choices you could implement include:

· Not placing salt shakers on the table unless requested

· Having one plant-based entrée available for purchase daily

· Limiting sugar-sweetened beverages options

[Worksite name] is looking for restaurants to partner with to promote healthier choices to our employees in [city name] and we’d love to highlight your restaurant as being Blue Zones Project Approved.

If you are interested in learning more, please contact Katie DePonty at [Katherine.deponty@sharecare.com](mailto:Katherine.deponty@sharecare.com) for more information

Sincerely,

[NAME]